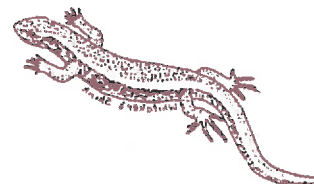




Pukerua Bay School

Our Vision:-

**"Confident, Inspired,
Achievers"**



04 February 2015

Surf Lifesaving Beach Education Programme

We appreciate this is short notice to families - and apologise for not giving advanced notice of this programme at the end of last year.

Next week each class will be visiting Paekakariki Beach and participating in the NZ Surf Lifesaving Beach Education programme.

Beach Ed is a programme where students learn about surf and beach safety from experienced Surf Lifeguards. Students receive safety messages and then put them into practice in a managed environment. The programme is designed specifically for primary and intermediate students and aims to deliver **"A safe, fun, and educational day at the beach"**.

When: Monday 9 February: Rawhiti East and Rawhiti West
Tuesday 10 February Rua and Toru
Wednesday 11 February Wha, Raroa and Te Motu

Where: Paekakariki Beach

Time: Departing school at 9.15am and returning by 2.45pm

Cost: \$5.00 per child. This will be subsidised by sausage sizzle

Transport: Rawhiti East, West and Toru will be transported by car.
Wha, Raroa and Te Motu will be transported by bus.

Parent Helpers:

There are two ways you can help on this trip.

We will need parents to spend the day with us at the beach. This will involve supervising a group of children and participating in all activities. You will be expected to get in the water and stand guard during the beach sessions. We must have a **ratio of one adult to every 5 children at all time**. Unfortunately pre-schoolers will not be able to accompany us on this trip.

We will also need parents to transport junior children to Paekakariki Beach and back. This would involve driving a group of children to **Paekakariki Surf Lifesaving club at 9.15am and returning to pick them up at 2.30pm**.

Your child will need to bring the following things:

The beach is an ever changing environment so you will need to pack for all seasons:

- Swimming Costume/ togs
- Wetsuit (if you have one)
- Towels (2)
- Lot of warm clothes
- Wide brimmed hat
- Sunblock - SPF 30+
- Morning tea and lunch
- A big drink of water

Here is an outline of what the children will be doing during their day at the beach:

- A tour of the Surf Life Saving Club and with lifeguards demonstrating key lifesaving equipment
- Receiving surf safety messages to help stay safe at the beach
- Understanding about the role of lifeguards and the jobs they do on the beach
- Learning about the beach environment - waves, rips, holes and currents
- Participating in some fun beach games
- Putting it all into practice in the water with activities such as body boarding, swimming and tube rescues.

We will be going rain, hail or shine. If the weather or beach conditions are not good the lifeguards have other activities planned.

This is an excellent programme for our children - we appreciate your offers of help and transport.

Please fill in the form attached and return it to school by Thursday 5 February.

If you have any questions please do not hesitate to contact your child's teacher or team leader.

Thanks

Andrew Wooster, Tara T.J - Tui and Kea Team Leaders

Surf Lifesaving Beach Education Programme:

I give permission for the following children to attend the Surf Life Saving Beach Education programme at Paekakariki Beach.

Names: _____ Room: _____
_____ Room: _____
_____ Room: _____
_____ Room: _____

I am able to come on the trip and stay for the day on the following days:

Rawhiti East/ West Monday 9 February
Rua / Toru Tuesday 10 February
Raroa / Te Motu / Wha Wednesday 11 February

I understand that I will have to get in the water with the children: _____

I am able to transport children to and from Paekakariki Beach on the following days:

Rawhiti East / West Monday 9 February
Rua / Toru Tuesday 10 February
Raroa / Te Motu / Wha Wednesday 11 February

I am able to fit _____ children (including my own) in my car with car seats.

If you are able to help please complete the following:

I have a current WOF: Yes / No

I have a current Registration: Yes / No

I have a full licence: Yes / No

Parents Name: _____

Daytime contact phone number: _____

Signed: _____