



Pukerua Bay School

Our Vision:-

“Confident, Inspired, Achievers”



Health Programme Consultation 2014

Dear Parents/Caregivers,

Every two years we review our statement on the health curriculum to ensure our health programme meets the needs of our school community. To enable us to do this we need your involvement and feedback. Could you please take the time to fill in the attached survey and return it to school by Friday 24th October 2014

The Pukerua Bay School Health programme takes the following areas into consideration:

- The 4 Health Concepts:
 - Hauora
 - Attitudes and Values
 - Socio-ecological perspective
 - Health promotion
- The four strands of the Health and Physical Education curriculum:
 - Personal Health and Physical Development
 - Movement Concepts and Motor Skills
 - Relationships with other People
 - Healthy Communities and Environments
- Seven key areas of learning are:
 - Mental Health
 - Sexuality Education
 - Food and Nutrition
 - Body Care and Physical Safety
 - Physical Activity
 - Sports Studies
 - Outdoor Education

The Pukerua Bay School Health programme:

Week	1	2	3	4	5	6	7	8	9	10
Term 1	Class Treaty/ Cyber safety		Life Education			Food and Nutrition				
Term 2	Pedestrian Safety (Vehicle/Bike safety)									
Term 3	Sexuality Education and Body Care (Kia Kaha and Mental Health)									
Term 4	Sun Safety	Personal Management/Relationships								

(Odd year programmes are in brackets)

Could you please take the time to fill in the survey attached and email or return it to school by Friday 24th October. If you would prefer a hard copy there are copies available from the office.

If you have any questions please do not hesitate to contact me
Jo Verran

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