



Pukerua Bay School
Our Vision
"Confident, Inspired, Achievers"



Open and Honest Evening

24 July 2014

Dear Parents and Caregivers,

Sexuality Education is one of seven key areas of learning in Health and Physical Education in the New Zealand Curriculum. It is a requirement for schools to teach Sexuality Education from Year 1 up to and including Year 10. At Pukerua Bay School we teach Sexuality Education every two years. Your child is currently taking part in lessons during class time. These lessons are tailored to meet the needs and ages of the children involved. The Tui Syndicate is using a Ministry of Education resource and the Kea Syndicate has teamed up with Family Planning and is using their resource Sexuality Road.

On **Thursday 7th August from 7-8.30pm** we will be holding an Open and Honest Parent workshop. Educators from Family Planning will be leading this workshop and it will focus on talking to your child about sexuality. Please see attached notice for topics that will be covered during the evening. This workshop is open to all parents/caregivers at Pukerua Bay School.

To give us an indication of the numbers attending could you please fill in the slip below and return it to school by Friday 1st August.

Family Planning is a charitable trust so we are asking parents who attend the workshop to contribute a gold coin donation.

Please do not hesitate to contact your child's teacher if you have any queries about the programmes being run in the classrooms or the Open and Honest Workshop.

Many thanks
Pukerua Bay teachers

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Open and Honest Parent Workshop

I/We will be attending the Open and Honest Workshop on Thursday 7th August.

Yes/ No

Number of adults attending: _____

Name: _____

Contact details: _____

Open and Honest

Talking to your child about sexuality

***Do your children ask tricky questions
about puberty?***

***When do you talk to your child
about puberty?***

Do you want to feel more confident answering your child's questions?

Family Planning supports the importance of parents / caregivers as the first educators in children's lives

The aim of the workshop is to give and share information in a supportive and informal environment.

The workshop focuses is on:

- Recognizing the crucial role of parents in the 21st century
- Clarifying own attitudes & values
- Practising responding to questions
- Understanding sexual development & age appropriate behaviours
- Examining influences & messages that children are exposed to
- Relevant facts & figures

What does the Research Say?

Providing sexual information to children as they grow has been shown to delay the age of first intercourse and prevent risky sexual behaviour.

Remember, encouraging honest talk about sexuality is not the same thing as giving them permission to be sexually active.

If you would like your children, whatever their ages, to come to you for correct information, guidance and advice, this is more likely to happen where patterns of openness have been set early on.

WHEN : Thursday 7th August 2014 7-8.30pm

**WHERE : Pukerua Bay School
Rawhiti Block**



POSITIVE SEXUAL HEALTH

Family Planning

WELLINGTON

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familyplanning.org.nz

Charities # CC11104